



### **Aviation medicals - Information for pilots**

If you are renewing your aviation medical, please provide our friendly reception team with your CAA Client Number (on top right-hand corner of the Medical Certificate) when you book your appointment. If your previous medical was completed by another provider, please bring a copy of your current pilot medical certificate and previous medical assessment to your appointment.

If it is your first medical certificate, please advise reception at the time of booking as you will need a longer appointment.

If you are aged 36 or over, you may need fasting blood tests. Please discuss with reception at time of booking.

Your certificate will usually be issued within 1-2 weeks.

#### **What to bring to your appointment:**

- One form of photograph ID (passport if from overseas, or driving licence)
- Your current pilot medical certificate and copy of previous medical assessment
- Completed Application for Medical Certificate form. This can be obtained from reception prior to your appointment or from the CAA website. Do not sign the last page until you are with the medical examiner.
- If you wear glasses, bring them with you. If you wear contact lenses, you must leave them out overnight prior to exam to allow uncorrected vision to be tested.
- Please note, that you must pay the CAA fee prior to your appointment and provide us with a copy of the receipt.

#### **What to expect:**

When you first arrive for your appointment, you will see the nurse for 30 minutes. This is to check the paperwork is complete, and to start some of the examination process. You will then have up to 45 minutes with the doctor to complete the assessment.

If extra tests are required these can be done after your appointment with the doctor. These may include spirometry, audiometry, ECG and blood tests.

If you have any health issues, please be aware your application may have to go through an extended process of review called Accredited Medical Conclusion. This may require further tests and can take some time to complete.

You may be required to have fasting blood tests for lipids and glucose done as part of the medical. If you know this is required, and wish to speed up the process, you can make an appointment for these

to be done prior to your appointment. Please ensure that you do not eat or drink (except for water) for 12 hours prior to your appointment. These results can take 3-4 days to come back.

Special Eye examinations, for initial applications only, will need to be done by an accredited CAA optician and you can arrange this yourself. Ideally this should be done prior to your medical appointment. In Wanaka, you can get this done with Central Vision Optical or Ocula.

Extra tests may be required as per the below schedule. if these are required, we will endeavour to organise these on the day of your appointment.

Class 1 – Commercial Pilot Licence (CPL)

<b>Initial Certificate</b>	<b>Renewal of Certificate</b> (annually to age 40, then every 6-months if single crew)
General exam including colour vision	General exam
ECG	ECG every 2yrs to age 70, then annually
Fasting lipids/glucose and CV risk from age 35	Fasting lipids/glucose and CV risk every 4 yrs until age 40, then every 2 yrs. Annual CV risk from 70
Audiometry	Audiometry every 4yrs from age 36
Spirometry	Spirometry aged 46 and 56 if ever smoked
Special eye examination (optometrist)	
Possible Chest X-ray	

Class 2 – Private Pilot Licence (PPL)

<b>Initial certificate</b>	<b>Renewal of certificate</b> (every 5 years to age 40, then every 2 years)
General exam including colour vision	General exam
ECG	ECG every 4 yrs from age 40, every 2 yrs from age 60
Fasting lipids/glucose and CV risk from age 40	Fasting lipids/glucose + CV risk every 4 yrs from age 40, 2yrs from age 50. Annual CV risk from 70
Audiometry (if flying IFR)	Audiometry (if IFR) every 4yrs from age 36
Spirometry	Spirometry at age 46 and 56 if ever smoked
Possible Chest X-Ray	

Please contact our friendly reception team should you have any questions or to book your aviation medical appointment.